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AN ATTEMPT OF EARLY PREDICTION AND LATER ASSESSMENT OF THE CHOLERA OUTBREAK IN HAITI (OCTOBER 2010).

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To the Editor:

Regretfully, epidemics are becoming a more usual than desired phenomenon. AIDS, Ebola, SARS, H1N1, Avian flu, are words not known to our grandparents.

Haiti, the poorest country of the western hemisphere, immersed in the process recovering from an earthquake that killed more than 200 000 citizens and subsequently hit by a hurricane, is facing, since October 2010, an epidemic of cholera, a disease that was absent in that country for decades.

To predict the fate of an outbreak is useful for health care providers, especially when optimal resource management is crucial. However, outbreak prediction is not a theoretically granted undertaking. Nevertheless, there are few attempts in that direction.

In the case of the Haitian outbreak, an early estimate by UN Office for the Coordination of Humanitarian Affairs projected 200.000 cases, based in the rather simplistic assumption that all of the population is at risk of contracting cholera, and estimating a cholera attack rate of 2%.¹

On December 30th 2010, the government of Haiti operatively expected 500.000 cases for 1 year, half of them during the first three months 2 .

On March 16th, 2011, Andrews and Basu published in "The Lancet" a detailed mathematical model for the Haitian cholera outbreak. Their analysis suggests almost 800.000 cases of cholera between March 1 and Nov 30, 2011³.

We used a version of the methodology proposed by Hernandez Caceres for outbreak prediction⁴⁻⁵. It is based on the assumption that many really occurring epidemics can be nicely described with the Richards's model that was introduced recently by Hsieh et al⁶⁻⁷.

According to this model, the cumulative number of cases as a function of time (S(t))can be represented as

$$S(t) = \frac{K}{\left(1 + e^{-r(t-t_m)}\right)}$$

The three parameters of this model have concrete epidemiological meaning.

K is the size of the epidemic or the total number of cases; tm is the turning point or moment of maximal incidence, when half of the total number of cases has been accumulated.

The parameter r refers to the rate of cases accumulation and is related to the basic reproductive number R0 through the expression.

$$R_0 = e^{r \times T_g}$$

Where Tg is the so-called generation time, or time between the appearance of symptoms in a primary case and the appearance of symptoms in a secondary case.

Much can be argued about the flaws of this approach. However, these two statements can be said in favor.

1.- The Richards's model is compatible with a realistic solution to the seminal model by Kendrick and McCormick⁸.

2.- Many real epidemics can be described through it.

As an illustration, the cumulative cases of cholera during the 2009 outbreak in Zimbabwe can be approximately fairly with Richards's model.



Figure 1. Cases of cholera in Zimbabwe (rhombs), and fit with Richards's model (squares). The best fit parameters were: K=103979; r=0.041; t_m=74.6 days (r²=0.9973). Data redrawn from⁹

Parameter prediction can be attempted at a very early stage of the outbreak. The methodology is based on linearizing equation¹ with further refinement of the estimates based on plausible assumptions. The method is described in⁴

We attempted an early forecast on Nov 8, only 19 days since outbreak onset. This early, preliminary estimate yielded:

• K: 140.000- 1.700.000 cases, (median of 500.000 cases).

- r: 0.07-0.08
- t_m: 170-180 days;

Accordingly, and assuming a generation time of 10 days we obtained R0 =2.72. This value is similar to the value of R0 between 2.06 and 2.78 reported in¹⁰.

The prediction of 500000 cases and the duration $(2Xt_m)$ of 1 year is close to the prediction assumed by Haitian authorities 50 days later on December 30th, 2010.

Since December 17 with a larger number of data points, we applied a Gauss-Newton algorithm for optimal parameter estimation.

We obtained the following values:

- K=347.469
- r=0.03178 (R0=1.37)
- t_m=78.668

These predictions have remained practically unchanged till the most recently available data of April 10, 2011 (K=308.353; r=0.028, and t_m =77.2)

The difference of these more precise forecasts respect to our early one might be a reflection of using a more appropriate methodology, but also of proper interventions undertaken during the first weeks of the epidemic.

Thus, we have at least two forecasts, one based on a simple model assuring less than 400.000 cases in a 6 month period (about the end of April) and another based on a sophisticated model predicting 800.000 extra cases till November 2011. Coming months will reveal the likelihood of each of these two statements.

Sincerely Yours

Jose Luis Hernandez Caceres, Berhanu Dibaba Kumma and Graham Wright.

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